

## Internationally Known Outdoor Writer, G.L. Benton, Releases New Survival E-book

For Immediate Release

ROLLA, Mo./EWORLDWIRE/Jan. 28, 2005 --- Outdoor writer G.L. Benton ('<http://www.simplesurvival.net>') today announced the release of his new book, "Simple Survival." Many people may not know how to survive a terrorist attack, find alternate sources of water or food, survive following a plane crash or vehicle stall in a remote area, start a fire without matches, build an emergency shelter, find food, perform first aid, or signal rescuers for help. This inexpensive e-book (\$5.99) explains in simple language how to do all of those tasks and a great deal more.

An internationally published outdoor author, Benton explained how excited he was to be releasing a new survival e-book;

"I am very pleased to have my survival book published in e-book format. This format allows the reader to remove and print only sections of the book they may need for a trip. However, please keep in mind, wilderness survival is a very dangerous situation. And, as such, your decisions in the wild and what you have on hand could mean the difference between life and death. That is why many of the articles contain various types of suggested survival kits and the contents are listed. To venture out of doors without a survival kit, in my opinion, is extremely dangerous. And, since each time you enter the field or have an emergency the weather conditions and other circumstances are different, so it also makes sense that your survival kit and clothing should be a little different. This e-book explains how to survive in many different situations. And, with the constant threat of a terrorist attack, knowing how to survive is crucial. This e-book could make you a survivor."

The Simple Survival e-book is over 240 pages in length and is for enjoyment, reference, or perhaps to get readers thinking about survival preparedness. The e-book is filled with illustrations and photographs. Benton has over 40 years of wilderness outdoors experience and he has camped in various states and countries, as well as under some very extreme weather conditions. Having camped in the steaming jungles of the Philippines Islands, the frozen arctic north of Alaska, the sandy beaches of Mexico, and the burning deserts of Arizona and New Mexico, he feels his knowledge-base is extensive.

This book has taken the author years to write and it is primarily a collection of articles that have been previously printed in the United States. Readers will find many survival articles here that have been published in some of North America's better outdoor publications (Modern Survival Magazine, Buck Masters, Big Game Hunt, Wonderful West Virginia Magazine, Back Home Magazine, Family Camping Magazine and others). Additionally, readers will find some great general outdoor information in the e-book that has not been published previously.

The book has been broken down into different categories to make subject search easier:

- Survival in various climates or conditions (Desert, Arctic, Wet, General, and more)
- Water procurement
- Food procurement
- Fire making
- First Aid (General)
- Psychology and Survival
- Signaling
- Clothing (What to wear in the field)
- Snakes
- Making survival weapons
- Rescue and Recovery
- Camouflage and movement
- Children and the outdoors
- Maps and basic navigation
- Unusual Survival Situations
- Survival Tips (Illustrations throughout the book)

Some of Benton's writing is just plain camping, fishing, hiking, or hunting information. Readers will also find some general information about how to expose children to nature, or what to do in an emergency with children along. Gary has added this section to make the book more enjoyable for those folks who may be looking for general wilderness information or simply want to teach a child more about nature.

"Simple Survival" was prepared for those who wish to improve or learn emergency survival skills. It was written for nature lovers, hunters, hikers, fishermen, campers, or those that travel on the world's highways and back roads.

As Benton often says, "Knowledge is survival."

#### **About the Author**

Gary L. Benton is a retired United States Air Force Senior Master Sergeant. He is a graduate of a number of U.S. Air Force Survival Schools, including arctic, water (sea and ocean), mountain, and jungle survival schools. He spent 12 years teaching parachuting techniques and survival skills to Air Force aircrew members as a life support instructor.

He has an associate's degree in search and rescue, survival operations, a bachelor's degree in safety and health, and a master's degree in psychology almost finished. Benton retired from the USAF in 1997 with over 26 years of active duty.

He has one prior e-book "My Dawg Might Be a Redneck." Two new western fiction novels, "Silently Beats the Drum" and "In the Shadow of the Mountain," will be released within the next two months, followed by "Red Runs the Plains" this summer.

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