



## **Massey Resources: Your Mental Edge Uses Hypnosis To Increase Success Rates For Golfers And Gamblers**

*Your Mental Edge Schedules Asian Release Of Gambling And Golf Series*

For Immediate Release

INDIANAPOLIS/EWORLDWIRE/Feb. 13, 2006 --- Your Mental Edge(C), the new audio CDs for golfers and gamblers, utilizes psychological methods to empower users to increase their success rates. Unlike other how-to manuals, Your Mental Edge does not focus on the strategies of how to win in a particular game. It trains gamers and competitors to think clearly and utilize their own mental power to successfully implement the strategies they already know.

The 20-minute audio CDs, one specially designed for golfers, casino and tournament poker players, requires no study manuals or special tools. The CDs have been so successful that plans are underway to provide Japanese, Chinese (Mandarin) and Korean versions of the programs to the market.

The majority of all competition and gaming is psychological. This is especially true in casinos where there are no windows or clocks, and everything is designed to mentally throw-off the gamer. In tournament poker the ability to control your emotions is vital to a successful outcome. Your Mental Edge teaches competitors how to level the playing field by strengthening their mental and emotional fortitude.

The secret behind Your Mental Edge is Relaxation Learning Therapy(TM). This revolutionary method was created by renowned Hypnotherapist Dr. Terry B. Massey, creator and founder of Your Mental Edge. Massey was one of the first professionally trained Certified Forensic Hypnotherapist in the United States and has used his method to aid in law enforcement, weight loss, addictions and medical treatments.

Massey has taken his thirty-years of experience in golf and casino gambling and coupled it with his trademarked Relaxation Learning Therapy methods to create two programs that are not only unique, but effective. "If one visualizes themselves as a winner, they will in fact be a winner," said Massey. "The essence of the programs, is not to teach the golf swing or teach gambling techniques, but to instill the confidence and focus necessary to succeed."

"I guarantee that golfers will lose a minimum of four strokes the very first time they play, after listening to their CD and gamblers will increase their winnings by at least 50 percent," said Massey. "The "No Tell"™ Poker CD has been invaluable to Texas Hold'em tournament players."

For more information, visit <http://www.yourmentaledge.com>.

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**SOURCE:** Dr. Terry B. Massey, Founder & CEO