



## Smoke Free Society New E-Cards Just in Time for the Mother's Day Celebration

*This Mother's Day, Smoke Free Society is asking children of all ages to get involved in helping their mothers quit smoking and is providing several free ways to help them get started.*

For Immediate Release

PALM BEACH GARDENS, Fla./EWorldWire/May 8, 2006 --- This Mother's Day, Smoke Free Society is asking children of all ages to get involved in helping their mothers quit smoking and is providing several free ways to help them get started. The national, nonprofit organization is offering free e-Cards pledging the recipient's love, support and involvement as well as a free online download of its "Proven Stop Smoking Technique" to help mothers wean themselves from their cigarettes in just 17 days without any substance or drug. Online users should go to [www.SmokeFreeSociety.org](http://www.SmokeFreeSociety.org) for the free e-Cards, download and other life-saving information.

"We are very excited about our new and easy-to-use e-Card service just in time for the Mother's Day celebration. We also wanted to provide truly free, no-string-attached e-Cards to let people show how much their loved ones mean to them and how important it is to quit smoking," said Linda Seyedin, co-founder of Smoke Free Society. "Support from family and loved ones is an essential key to those who want to quit smoking for good. We must all get involved to help our loved ones quit smoking or using tobacco to enjoy a smoke-free life, because we care."

Research shows smokers are up to eight times more likely to be successful quitting when participating in a support program. Along with support from family, friends and loved ones, Smoke Free Society offers a support program to help smokers quit and stay smoke free. Its "Buddy System" is also very important as it pairs up two or more smokers so they can quit together "a great way to support each other during the quitting process."

Smoke Free Society is a national, nonprofit organization dedicated to helping smokers quit and educating kids not to start. It is currently offering free e-Cards for all occasions. Its Web site is a portal to an array of information on the adverse effects of smoking and the benefits of quitting. Smoke Free Society offers a variety of quit smoking lectures, seminars, plans and programs for individuals as well as corporations, government, schools and special events to help smokers quit before it's too late. Visit the Web site at [www.SmokeFreeSociety.org](http://www.SmokeFreeSociety.org)

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