

How To Beat The Summer Heat This Year - Dare To Go Bare On Your Vacation

With record heat waves, how does one stay cool and comfortable on their summer vacation this year? One fun way is to try the fastest growing vacation trend around - staying at a nudist resort.

For Immediate Release

PALM SPRINGS, Calif./EWorldWire/Aug. 2, 2006 --- At first thought, many people would wonder, "What, me vacationing at a nude resort? We're not nudists. It sounds unusual."

Not really. Europeans have been visiting naturist resorts and nude and topless beaches for decades. In Europe, when the temperatures go up, the clothes come off. A recent news story on Yahoo.com stated, "Brits say bye-bye to the bikini for an all over tan."

There has never been a better time to take a clothing-optional vacation in America than now. Forbes Magazine reports that nude recreation is the fastest growing niche in the travel industry. Palm Springs, California is one of the most popular U.S. travel destinations, as it has the best year-round weather of all cities in the country. There is never a need to worry about hurricanes while relaxing poolside in sunny Palm Springs.

Who goes to nudist resorts? Everyone! Democrats and Republicans, the tall and the short, thin and not thin and the young and old all have fun sunbathing au naturel. Baby boomers in particular have been flocking to nudist resorts lately. They have always been an experimental generation - it is only natural that they should seek out new travel experiences and fun adventures.

"But I need to lose 10 or 20 or more pounds before I can come to your resort." Tom and Mary Clare Mulhall, the owners of the popular Terra Cotta Inn Clothing Optional Resort and Spa of Palm Springs, CA, hear this comment all the time from "newbies."

The Terra Cotta is the most mainstream nude resort in America and is the best place for couples trying nude sunbathing for the first time.

"The good thing about vacationing at a clothing optional resort," says Mary Clare, "is it really builds a woman's self esteem. She will see that all women are 'normal.' So many women tell me that they hate wearing bathing suits because they feel self conscious, but love going nude because now, for once in their lives, they truly feel free and don't have to worry how they look in a suit. It is a great feeling knowing how happy women are vacationing with us."

Vacationing at a clothing-optional resort is one of the coolest ways around to beat the heat.

For more information, visit SunnyFun.com.

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