

PHOTOS: War Veterans View New Healing Artform From Gail Packard

A new artform created to heal and calm the energy from trauma, stress and help the veterans of war; these video Mystical Soul Journeys are soul journeys into the artwork of Northern California visionary artist Gail Packard.

For Immediate Release

BURNT RANCH, Calif./EWORLDWIRE/Sep. 8, 2009 --- Gail Packard is a Reiki Master Teacher, 8th Degree Astarian, retired trauma nurse and Ordained Minister. Packard is a known healer who was spiritually inspired to create her new artform called, "Visual Meditative Art."

With combined skill, Her art conveys a sense of peace and calmness designed to aid viewers on a meditative journey away from the hustle and bustle of life. Everyone will come away feeling inspired, as her movies immerse and transport the public around the multi-dimensional spectrum of possibilities.

"I was spiritually inspired to paint places I've traveled to on the Etheric planes, and other dimensions of being ... glimpses of ancient temples, sacred healing circles of light, heavenly places to relax, enjoy and journey inward."

"My paintings are meditative and spiritually different. They have no religious affiliation to any certain sect of belief, they are universal in nature. They take you to other dimensions, on a mental journey to some of these sacred places.

"I've learned that certain colors and shapes produce vibrations that facilitate healing. Colors affect us emotionally, physically and spiritually. They heal body, mind and spirit. I was spiritually inspired to create the triangle canvas, on which I used oils of sacred colors; purple, indigo, and cobalt blue to create my visions to share with the world, and assist in healing our beloved planet and those living on her."

The triangle since antiquity has represented Divine Power, Truth and the connection between Heaven and Earth. Packard's intent is healing the "war energy" and showing in "visual form" a peaceful harmonious planet. Her videos are healing for body, mind and spirit, and new to the alternative healing modalities.

For a truly unique and healing video adventure, visit a "Mystical Soul Journey" at GailPackard.com (<http://www.gailpackard.com>) - viewing is free.

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