

**MEDIA AVAILABLE: Multiple Sclerosis Foundation's Eastern Caribbean Cruise Set To Sail February 8, 2009**

*Multiple Sclerosis Foundation's annual cruise is an innovative educational program at sea, "It's all about MEE" - Motivating, Educating and Empowering individuals with Multiple Sclerosis.*

For Immediate Release

FT. LAUDERDALE, Fla./EWORLDWIRE/July 14, 2008 --- The theme for this years cruise is MS CENTER AT SEA: The Benefits of a Comprehensive Healthcare Team.

"We are bringing a number of specialists - in fact, creating the same team that you would find at any top-rated MS Center," said Alan Segaloff, co- executive director of the Multiple Sclerosis Foundation (MSF).

Some of the speakers and their programs on this fabulous 7-night Eastern Caribbean Cruise include:

- . Rob Godsall, Ph.D. I Forgot to Remember: Cognition and MS
- . Melinda Hodgson, OT, Tired of Being Tired: Dealing with MS Fatigue
- . Bonnie Schaudé, ST, Can You Talk and Swallow at the Same Time?
- . Candy Tefertiller, PT/Jeff Segal, NSCA-CP, FUNDamentals of Exercise: Enjoy What You Do!
- . Ben Thrower, M.D. They'll be Comin' From the Drugstore, When They Come: MS Therapies in the Pipeline
- . Karen Thrower, M.D. "I Hate You Mom! Will You Take Me to the Mall?" How MS Affects Your Kids
- . Tracy Walker, NP I Gotta Go! The ABC's of Number 1 and Number 2

The MSF Cruise for a Cause is not a fundraising event - it is an innovative educational program at sea, providing the opportunity for people with MS to meet and learn from renowned MS specialists, hear motivational speakers, have fun with others with MS, and break beyond barriers - both physical and emotional - all aboard a luxury cruise ship.

The 2009 MSF Cruise for a Cause (R) It's All About MEE: Motivating, Educating, and Empowering (R), will depart from Miami, Fla., on February 8, 2009. This seven-night Eastern Caribbean cruise, aboard Royal Caribbean's Freedom of the Seas, will visit the ports of San Juan, Puerto Rico; Charlotte Amalie, St. Thomas; Philipsburg, St. Maarten; and Miami, Florida.

For more information on the MSF Cruise For A Cause, call 1- 800-225-6495 or visit 'http://www.msfocus.org/programs\_cruise.php'.

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: Multiple Sclerosis Foundation's cruise attendees participating in educational workshop. (size: 0.1 k)

No Description Available

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: Multiple Sclerosis Foundation's cruise activity. (size: 0.1 k)

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